



# DUBAI SPORTS CAMPS

## دبي سبورتس كامبس

### DAY 1

|               |         |               |               |          |               |             |          |              |          |
|---------------|---------|---------------|---------------|----------|---------------|-------------|----------|--------------|----------|
| GROUP         | 8-8:45  | 8:45-9.45     | 9.45-10.30    | 10.30-11 | 11-11.45      | 11.45-12.30 | 12.30-45 | 12.45-1.30   | 1.30-2   |
| AGE 3-4 YRS   | Sign in | Bouncy Castle | Aquatic Fun   | Snack    | Music & Move  | Ball Skills | Snack    | Arts/Craft   | Sign out |
| GROUP         | 8-8:45  | 8:45-9.45     | 9.45-10.30    | 10.30-11 | 11-11.45      | 11.45-12.30 | 12.30-45 | 12.45-1.30   | 1.30-2   |
| AGE 5 YRS     | Sign in | Aquatic Fun   | Dodgeball     | Snack    | Bouncy Castle | Arts/Craft  | Snack    | Gymnastics   | Sign out |
| GROUP         | 8-8:45  | 8:45-9.45     | 9.45-10.30    | 10.30-11 | 11-11.45      | 11.45-12.30 | 12.30-45 | 12.45-1.30   | 1.30-2   |
| GIRLS 6-8 YRS | Sign in | Gymnastics    | Bouncy Castle | Snack    | Aquatic Fun   | Dodgeball   | Snack    | Arts/Craft   | Sign out |
| GROUP         | 8-8:45  | 8:45-9.45     | 9.45-10.30    | 10.30-11 | 11-11.45      | 11.45-12.30 | 12.30-45 | 12.45-1.30   | 1.30-2   |
| BOYS 6-8 YRS  | Sign in | Dodgeball     | Football      | Snack    | Aquatic Fun   | Climbing    | Snack    | Archery      | Sign out |
| GROUP         | 8-8:45  | 8:45-9.45     | 9.45-10.30    | 10.30-11 | 11-11.45      | 11.45-12.30 | 12.30-45 | 12.45-1.30   | 1.30-2   |
| GIRLS 9 YRS + | Sign in | Gymnastics    | Dodgeball     | Snack    | Aquatic Fun   | Climbing    | Snack    | Jewellery    | Sign out |
| GROUP         | 8-8:45  | 8:45-9.45     | 9.45-10.30    | 10.30-11 | 11-11.45      | 11.45-12.30 | 12.30-45 | 12.45-1.30   | 1.30-2   |
| BOYS 9 YRS +  | SIGN IN | Football      | Water Polo    | Snack    | Climbing      | Dodgeball   | Snack    | Table Tennis | Sign out |

### AFTERNOON CAMP

|             |           |                |              |           |           |           |
|-------------|-----------|----------------|--------------|-----------|-----------|-----------|
| GROUPS      | 1:30-1:45 | 2:00-2:45      | 2:45-3:30    | 3:30-3:45 | 3:45-4:30 | 4:30-5:00 |
| AGE 3-6 YRS | Break     | Mini Dodgeball | Sensory Play | Snack     | Free Play | Sign out  |
| AGE 7+ YRS  | Break     | Basketball     | Tennis       | Snack     | Climbing  | Sign out  |





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## دبي سبورتس كامبس

### DAY 2

| GROUPS                      | 8-8:45  | 8:45-9:45      | 9:45-10:30 | 10:30-11 | 11-11:45      | 11:45-12:30      | 12:30-45 | 12:45-1:30   | 1:30-2   |
|-----------------------------|---------|----------------|------------|----------|---------------|------------------|----------|--------------|----------|
| AGE 3-4 YRS<br>BOYS & GIRLS | Sign in | Mini Dodgeball | Brain Gym  | Snack    | Gymnastics    | Musical Chairs   | Snack    | Sensory Play | Sign out |
| GROUP                       | 8-8:45  | 8:45-9:45      | 9:45-10:30 | 10:30-11 | 11-11:45      | 11:45-12:30      | 12:30-45 | 12:45-1:30   | 1:30-2   |
| AGE 5 YRS<br>BOYS & GIRLS   | Sign in | Ball Skills    | Climbing   | Snack    | Fun Games     | Music & Move     | Snack    | Mini Chef    | Sign out |
| GROUP                       | 8-8:45  | 8:45-9:45      | 9:45-10:30 | 10:30-11 | 0.47          | 11:45-12:30      | 12:30-45 | 12:45-1:30   | 1:30-2   |
| GIRLS 6-8 YRS               | Sign in | Dance          | Basketball | Snack    | Climbing      | Jewellery Making | Snack    | ICT          | Sign out |
| GROUP                       | 8-8:45  | 8:45-9:45      | 9:45-10:30 | 10:30-11 | 11-11:45      | 11:45-12:30      | 12:30-45 | 12:45-1:30   | 1:30-2   |
| BOYS 6-8 YRS                | Sign in | Basketball     | Football   | Snack    | Bouncy Castle | Hockey           | Snack    | Tennis       | Sign out |
| GROUP                       | Sign in | 8:45-9:45      | 9:45-10:30 | 10:30-11 | 11-11:45      | 11:45-12:30      | 12:30:45 | 12:45-1:30   | 1:30-2   |
| GIRLS 9 YRS +               | Sign in | Dance          | Basketball | Snack    | Mini Chef     | Hockey           | Snack    | Arts/Craft   | Sign out |
| GROUP                       | Sign in | 8:45-9:45      | 9:45-10:30 | 10:30-11 | 11-11:45      | 11:45-12:30      | 12:30-45 | 12:45-1:30   | 1:30-2   |
| BOYS 9 YRS +                | Sign in | Tennis         | Basketball | Snack    | Football      | ICT              | Snack    | Hockey       | Sign out |

### AFTERNOON CAMP

| GROUPS      | 1:30-2:00 | 2:00-2:45    | 2:45-3:30     | 3:30-3:45 | 3:45-4:30     | 4:30-5:00 |
|-------------|-----------|--------------|---------------|-----------|---------------|-----------|
| AGE 3-6 YRS | Break     | Arts/Craft   | Bouncy Castle | Snack     | Movie Time    | Sign out  |
| AGE 7+ YRS  | Break     | Table Tennis | Hockey        | Snack     | Bouncy Castle | Sign out  |





# DUBAI SPORTS CAMPS

## دبي سبورتس كامبس

### DAY 3

|                         |         |               |               |          |               |              |          |              |          |
|-------------------------|---------|---------------|---------------|----------|---------------|--------------|----------|--------------|----------|
| <b>GROUPS</b>           | 8-8:45  | 8:45-9:45     | 9:45-10:30    | 10:30-11 | 11-11:45      | 11:45-12:30  | 12:30-45 | 12:45-1:30   | 1:30-2   |
| <b>AGE 3-4 YRS</b>      | Sign in | Bouncy Castle | Aquatic Fun   | Snack    | Gymnastics    | Ball Skills  | Snack    | Mini Chef    | Sign out |
| <b>Boys &amp; Girls</b> |         |               |               |          |               |              |          |              |          |
| <b>GROUPS</b>           | 8-8:45  | 8:45-9:45     | 9:45-10:30    | 10:30-11 | 11-11:45      | 11:45-12:30  | 12:30-45 | 12:45-1:30   | 1:30-2   |
| <b>AGE 5 YRS</b>        | Sign in | Aquatic Fun   | Basketball    | Snack    | Bouncy Castle | Arts/Craft   | Snack    | Tennis       | Sign out |
| <b>Boys &amp; Girls</b> |         |               |               |          |               |              |          |              |          |
| <b>GROUPS</b>           | 8-8:45  | 8:45-9:45     | 9:45-10:30    | 10:30-11 | 11-11:45      | 11:45-12:30  | 12:30-45 | 12:45-1:30   | 1:30-2   |
| <b>Girls 6-8 YRS</b>    | Sign in | Gymnastics    | Bouncy Castle | Snack    | Aquatic Fun   | Tennis       | Snack    | Mini Chef    | Sign out |
| <b>GROUPS</b>           | 8-8:45  | 8:45-9:45     | 9:45-10:30    | 10:30-11 | 11-11:45      | 11:45-12:30  | 12:30-45 | 12:45-1:30   | 1:30-2   |
| <b>BOYS 6-8</b>         | Sign in | Aquatic Fun   | Football      | Snack    | Table Tennis  | Hockey       | Snack    | Self Defense | Sign out |
| <b>GROUPS</b>           | 8-8:45  | 8:45-9:45     | 9:45-10:30    | 10:30-11 | 11-11:45      | 11:45-12:30  | 12:30-45 | 12:45-1:30   | 1:30-2   |
| <b>GIRLS 9 YRS</b>      | Sign in | Ball Skills   | Gymnastics    | Snack    | Self Defense  | ICT          | Snack    | Table Tennis | Sign out |
| <b>GROUPS</b>           | 8-8:45  | 8:45-9:45     | 9:45-10:30    | 10:30-11 | 11-11:45      | 11:45-12:30  | 12:30-45 | 12:45-1:30   | 1:30-2   |
| <b>BOYS 9 YRS</b>       | Sign in | Football      | Kick Rounders | Snack    | Dodgeball     | Self Defense | Snack    | Archery      | Sign out |

### AFTERNOON CAMP

|                    |           |                |              |           |           |           |
|--------------------|-----------|----------------|--------------|-----------|-----------|-----------|
| <b>Groups</b>      | 1:30-2:00 | 2:00-2:45      | 2:45-3:30    | 3:30-3:45 | 3:45-4:30 | 4:30-5:00 |
| <b>AGE 3-6 YRS</b> | Break     | Mini Dodgeball | Sensory Play | Snack     | Free Play | Sign out  |
| <b>AGE 7+ YRS</b>  | Break     | Basketball     | Tennis       | Snack     | Climbing  | Sign out  |

